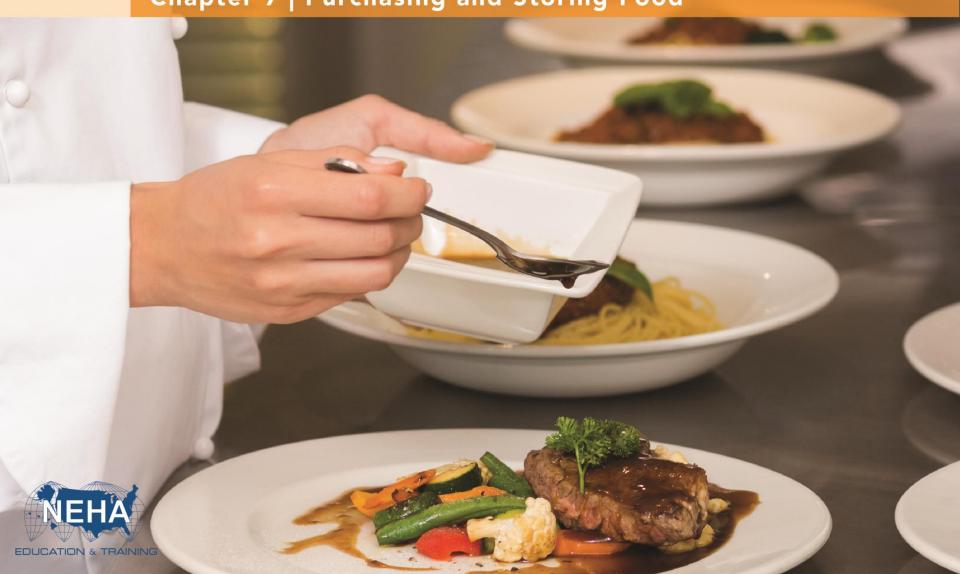
NATIONAL
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# PROFESSIONAL FOOD MANAGER POWERPOINT PRESENTATION

Chapter 7 | Purchasing and Storing Food



## **Overview**

After completing this lesson, you should be able to:

- •Evaluate food safety controls of the supplier.
- •Identify the potential hazards associated with food delivery.
- •Describe the actions needed to avoid hazards in food storage.



## **Lesson 1: Purchasing**

Purchasing is the first step in the flow of food.

## Reputable supplier

- Food safety management system in place
- Impeccable premises,
   with full records of
   products going in and out
- High standards of the driver and vehicle





# **Lesson 2: Transportation and Delivery**

- Two significant safety hazards regarding the delivery of food:
  - Contamination of food by physical contaminants, chemicals, or bacteria – either before or at the point of delivery
  - Multiplication of bacteria within the food due to improper temperatures, either en route to the establishment or at point of delivery



# **Lesson 2: Transportation and Delivery**

 Shellfish is required to have certification because of the possibility of environmental contamination.





# **Lesson 2: Transportation and Delivery**



- Boxes, cans, and packaging must be:
  - o Clean
  - Free from signs of pests
  - Dry
  - Not dented or swollen
  - Labeled
  - Not out of date



- Refrigerated items should be stored first, followed by frozen foods, and then dry goods.
- Stock rotation: The practice of ensuring the oldest stock is used first and that all stock is used within its shelf life.
- **FIFO** First In, First Out

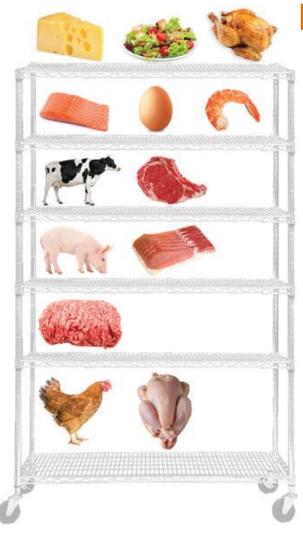






- Major hazards for refrigerated storage
  - Contamination by raw foods
  - Multiplication of bacteria if temperatures are too high





## Lesson 3: Storage

Food storage order from top to bottom is:

- •Ready-to-eat foods and fully cooked foods
- Fruits and vegetables
- Fish and seafood
- Beef and pork
- Ground meats
- Poultry



## **Lesson 3: Storage**

• The major hazard associated with frozen food storage is the multiplication of dormant bacteria that takes place when the temperature rises above 14°F (–10°C).





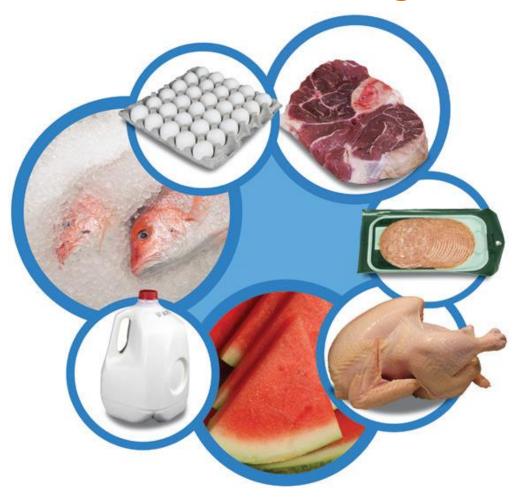
# **Lesson 3: Storage**



The two main hazards associated with dry food storage are:

- •Physical contamination Occurs from objects brought in on delivery packaging, such as staples or cardboard
- •Chemical contamination Which comes from rusty cans or chemicals kept in dry storage







- Meat
  - Meats should be stored in their original wrapping or in airtight, moisture-proof wrapping at 41°F (5°C) and must be USDA-inspected.
  - Meats have a short shelf life and if time/temperature abused, will support rapid bacterial growth.





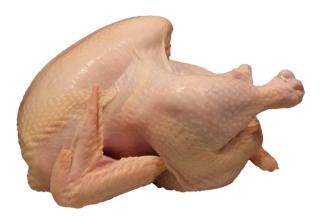
## **Lesson 3: Storage**

- Eggs
  - Store at 45°F (7°C) or lower.
  - Should not be subjected to fluctuating humidity or temperatures, which encourage condensation.

Don't wash eggs before storing them.



- Poultry
  - Chicken, turkey, goose, duck
  - Store at 41°F (5°C) or below
  - Must be USDA-inspected
  - o If delivered frozen, keep it frozen





- Seafood
  - o Fish, shellfish, crustaceans
  - Stored at an internal temperature between 32°F (0°C) and 41°F (5°C)
  - o If delivered frozen, keep it frozen





- Milk and dairy
  - Milk and dairy products, including bakery fillings that contain dairy, must be stored at 41°F (5°C) or lower.
  - The use-by or expiration date on milk and dairy products represents the last day the product can be used or sold.





# **Lesson 3: Storage**

Fresh fruits and vegetables

 Whole, raw fruits and vegetables, such as carrots and celery, can be refrigerated at 41°F (5°C) or below, at a relative humidity of 85 to 95 percent.

 Many fruits and vegetables continue to ripen after they are harvested. Fruits and vegetables such as avocados, bananas, and tomatoes, ripen best at room temperature.



- Reduced Oxygen Packaging
  - ROP: Refers to any packaging procedure that results in a reduced oxygen level.
  - Types of ROP foods are controlled atmosphere packaging (CAP) and modified atmosphere packaging (MAP).





# **Questions**



